

# admit it

## SAT. ACT. AP. OMG!

Test Guru, Shahar Link Offers Test Prep with a Purpose.

**Admit it: Purpose drives us all.** This week we are pleased to publish Shahar Link's introductory blog post about the SAT and ACT. A great score on the SAT and an acceptance letter are great rewards, but these rewards are more rich when they have taught you more about yourself and life.

**Many people believe that the basic ingredients** of success on challenging tests like the SAT or ACT are

- 1) talent at math or language,
- 2) how much you learned in school, and
- 3) how smart you are in general.

Both students and tutors can have this belief. It is, however, wrong.

Carol Dweck, in her book *Mindset: The New Psychology of Success*, calls such a belief a

“fixed mindset,” which essentially means that a person is stuck thinking that he or she is more or less born with talents for some things and not for others, and it is not really possible to get smarter at doing things that you're “just not good at.” On the other hand, there is another attitude, a “growth mindset.”

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